



Nitrous Oxide/ Oxygen Instructions

Nitrous Oxide Sedation is the use of particular gas in dental office in order to make you calm and relaxed for a dental procedure, but not completely asleep. Unlike other sedation options, the effects of Nitrous Oxide wear off within minutes of turning off the Nitrous Oxide/Oxygen gas.

Should nausea, dizziness, agitation or any other symptoms arise, inform us immediately. These instructions must be read and strictly followed prior to commencing with Nitrous Oxide for your dental procedure(s).

Your health history can affect your care plan, so make sure to disclose your medical condition to your dentist as well as an updated list of your medications. Please inform your dentist if you think you may be pregnant. Factors like recreational drugs, alcohol consumption, etc can alter the effectiveness of sedation. You should take all your other medications as usual according to your physician, unless instructed otherwise by your physician/dentist.

Avoid eating a large meal prior to your dental appointment. You may fast two hours prior to Nitrous Oxide Sedation. Remember to use the restroom prior to your dental appointment. Please avoid drinking alcoholic beverages before and after your dental procedures. Drinking alcoholic beverages before or after sedation may lead to serious complications.

Patient/Legal Guardian Signature

Date